



FOUNTAIN PLAZA

“All the Comforts of Home”

SEASONAL MENU

Plus Daily Chef Specials for Lunch & Dinner

1441 Morrow Road * Medford, Oregon 97504
(541) 772-6005 * (800) 899-4515 * Fax (541) 734-5000

LUNCH & DINNER MENU

Available from 11:00 a.m. to 6:30 p.m.

Daily Lunch Specials available 11:30 – 2:00 P.M.

Daily Dinner Specials available 4:30 – 6:30 P.M.

AVAILABLE AT 11:00 A.M.

SALAD BAR

We feature a full salad bar with a selection of delicious, house-made dressings, and only the freshest seasonal vegetables and quality ingredients

SOUP SELECTIONS

Please ask your server about our daily soup selections

SALADS

Bread Options: garlic bread, corn muffin, white dinner roll, or wheat dinner roll

Protein Options: sliced chicken breast, shredded beef, grilled salmon, filet of cod, or garden patty

ÂHARVEST APPLE SALAD

Mixed greens topped with diced apples, candied pecans, bleu cheese crumbles, bean sprouts, and a Fuji apple vinaigrette

CRISPY CHICKEN SALAD

Chopped salad mix topped with crispy chicken tenders, diced tomato, red onion, bacon, cheese, and green onions, served with your choice of dressing

ÂCHEF SALAD

Salad greens topped with julienned ham and turkey, shredded cheese, diced tomatoes, hard-boiled egg, and red onion with your choice of dressing

SANDWICHES & WRAPS

Side Options: shoe-string fries, sweet potato fries, onion rings, chips, fresh fruit, potato salad, cottage cheese, or coleslaw

ÂCUSTOM DELI SANDWICH OR WRAP

BREADS			MEATS & SALADS			CHEESE & VEGETABLES		
wheat	rye	nine grain	tuna salad	smoked ham	egg salad	avocado	green leaf lettuce	cucumbers
white	brioche	sourdough	roast beef	roasted turkey	bacon	tomatoes	red onions	dill pickles
hoagie roll		raisin bread		corned beef		cheddar/American/Swiss/bleu cheese		

PHILLY CHEESE SANDWICH

(SERVED AS A WHOLE ONLY)

Shredded chicken or beef on a grilled hoagie roll with roasted peppers, onions, and melted Swiss cheese

ÂQUESADILLA

Grilled flour tortilla with your choice of shredded beef or chicken with jack or cheddar cheese, and green onions

REUBEN SANDWICH

Grilled rye bread with Swiss cheese, sauerkraut, sliced corned beef, and thousand island dressing

OPEN-FACED TUNA MELT

Tuna salad, grilled on your choice of bread, with grilled tomatoes and Swiss cheese

ÂGRILLED BRIE & BRIOCHE

Sweet brioche bread with melted Brie cheese, house-made tomato jam, arugula, and bacon

ÂBURGERS & FRANKS

A third-pound hamburger, garden burger, chicken breast, or Nathan's beef frank on a toasted bun with your choice of cheese, lettuce, pickle, onion, and tomato

Consuming raw or uncooked food can increase your chances of acquiring a foodborne illness

LUNCH & DINNER MENU

Available from 11:00 a.m. to 6:30 p.m.



ENTRÉES

Side Options: sautéed vegetables, steamed vegetables, green beans, carrots, baked russet potato, baked sweet potato, mashed potato, brown beef gravy, brown rice, white rice, spaghetti, or gluten-free penne pasta
Bread Options: garlic bread, corn muffin, white dinner roll, or wheat dinner roll

~ HEARTY SELECTIONS ~

CHICKEN MARSALA

Grilled chicken breast topped with sautéed mushrooms in a Marsala wine sauce

PORK TENDERLOIN

Sliced pork tenderloin served over roasted Fuji apple sauce, topped with a balsamic reduction

KIELBASA & KRAUT

Sauerkraut topped with a sliced kielbasa and our house-made beer mustard

MEATLOAF

Seasoned ground beef baked with onion, celery, bell pepper, and garlic then topped with brown beef gravy

TOP SIRLOIN

A 4oz. top sirloin, seasoned, grilled, then topped with sautéed mushrooms

LIVER & ONIONS

Baby calf liver dredged in seasoned flour then grilled, topped with brown beef gravy

CHICKEN STRIP BASKET

Crispy chicken tenders fried golden brown, served with shoestring French fries and your choice of barbecue, honey mustard, or ranch sauce

^ LIGHT & LEAN

Your choice of chicken breast, beef patty, garden burger, grilled salmon, or grilled cod, served with lettuce, sliced tomatoes, avocado, and cucumbers

~ SEASIDE FLAVORS ~

FISH 'N CHIPS

Golden-fried battered cod served with French fries and tartar sauce

FILET OF SALMON

Grilled filet of salmon glazed in honey and soy

COD FILET

Filet of cod seasoned with herbs then grilled, served with lemon and tartar sauce

~ PASTA CREATIONS ~

^ CHICKEN ALFREDO

Spaghetti in a creamy cheese sauce topped with a grilled chicken breast

^ CHEESE RAVIOLI

Jumbo ravioli stuffed with herbed ricotta cheese, topped with your choice of marinara sauce or Alfredo sauce

^ SPAGHETTI & MEATBALLS

Spaghetti pasta topped with marinara sauce and meatballs

DESSERTS

A variety of ice cream flavors, cookies, & more available in regular & sugar free

**ALL-DAY
BREAKFAST
AVAILABLE**
~*~
PLEASE ASK YOUR
SERVER
FOR A MENU

**VEGETARIAN
OPTION
AVAILABLE**



ALL-DAY BREAKFAST MENU

BREAKFAST BAR

(7:30 a.m. – 10:00 a.m.)

Seasonal fresh fruit, blueberries, oranges, prunes, raisins, peaches, pears, cottage cheese, yogurt, applesauce, assorted muffins, breads, and donuts

ALL BREAKFAST DISHES INCLUDE YOUR CHOICE OF

MEAT: ham, bacon, turkey bacon, sausage links, pork sausage patty, or garden patty

SIDES: hash browns or potatoes O'Brien

BREAD: bagel, English muffin, biscuit, nine grain, wheat, white, sour dough, raisin, or rye

PLAZA BREAKFAST

One or two eggs any style

BREAKFAST SANDWICH

One egg, sausage or bacon, and cheese on your choice of bread

OMELET OR SCRAMBLE

One or two-egg omelet or scramble stuffed with your choice of

MEAT: diced ham, bacon, pork sausage, turkey bacon, garden patty

VEGETABLE: tomato, bell pepper, mushrooms, olives, onions, avocado

CHEESE: shredded cheddar and jack, sliced Swiss, sliced cheddar, sliced American

SIDE: salsa, sour cream

COUNTRY BISCUITS & GRAVY

One or two buttermilk biscuits topped with house-made country sausage gravy

COUNTRY BENEDICT

Buttermilk biscuits topped with scrambled eggs, a sausage patty, and country gravy

FRENCH TOAST

Thick-cut brioche or cinnamon raisin bread dipped in a cinnamon vanilla custard and dusted with powdered sugar

BELGIAN WAFFLE

Golden Belgian waffle served in whole or half portion

BUTTERMILK OR SWEET POTATO PANCAKES

One or two grilled pancakes served plain or available with banana, blueberry, raisin, or walnuts

CEREALS

HOT CEREALS: oatmeal, cream of wheat, and multi-grain

COLD CEREALS: ask your server for selections

BEVERAGES

Regular/decaf coffee
Hot/iced tea
Soy milk

Juices:
orange, cranberry, apple, pineapple,
grape, prune, tomato,
grapefruit, v8

Regular/SF hot cocoa
Skim/2% milk
Buttermilk