

SUNDAY

Lunch: Father's Day Buffet

Herb roasted tri-tip and brown gravy, barbecue chicken breast, salad bar, garlic mashed potatoes, mac 'n' cheese, baked beans, chef's veggies, dinner rolls

Dinner: Berry Salad

Grilled chicken, blueberries, raspberries, strawberries, red onion, feta cheese, chickpeas, pecans, with a lemon poppyseed dressing

MONDAY

Lunch: Caprese Pasta Salad

Sliced steak, pasta, tomatoes, mozzarella balls, and basil tossed in a balsamic herb vinaigrette, served with chips

Dinner: Chicken Piccata

Chicken breast grilled and tossed in a lemon caper white wine sauce, served with crispy parmesan baby potatoes and chef's veggies

(Piccata – term in Italian cuisine referring to a dish where thin slices of meat are pan-fried with other sauces; Capers – unripened green buds of a prickly bush called Capparis spinosa)

TUESDAY

Lunch: BLT Chicken Salad Sandwich

Chicken salad mixed with bacon, tomato, and green onion on a croissant roll, served with fresh fruit

Dinner: Turkey Dinner

Herb-roasted turkey with gravy, cranberry sauce, mashed potatoes, and sweet corn

WEDNESDAY

Lunch: Baked Potato Bar

Russet and sweet potatoes served with beef chili, buffalo chicken, and toppings variety

Dinner: Italian Sausage & Veggies

Italian sausage and mixed veggies served over rice

THURSDAY

Lunch: Chicken Tortilla Soup

Chicken, beans, bell peppers, tomatoes, onions, corn, and rice in a tomato chicken broth topped with tortilla strips, avocado, and sour cream

Dinner: Roasted Herb Pork

Herb roasted pork served with gravy mashed potatoes and chef's veggies

FRIDAY

Lunch: Chinese Chicken Lettuce Cups

Sliced chicken, bell pepper, onions, mushrooms, and water chestnuts tossed in a hoisin Chinese barbecue sauce served in lettuce cups

(Hoisin Sauce – thick, dark-colored sweet and savory sauce commonly used in Chinese cuisine, particularly Cantonese cooking)

Dinner: Shrimp Fajita Rice Bowl

Sauteed shrimp, fajita veggies, black beans, and cilantro, served over Spanish rice topped with an avocado cream sauce

SATURDAY

Lunch: Pizza Bar

Pizza 3 ways: pepperoni, cheese, or Hawaiian served with a side salad

Dinner: Beef Stew & Dumplings

Classic beef stew with carrots, onions, celery and dumplings