

SUNDAY

Lunch: Pork Rice Bowl

Diced pork, sauteed vegetables, over rice with garlic ginger sauce,
topped with sesame seeds and green onions

Dinner: Classic Lasagna

Beef lasagna served with chef's vegetables
and garlic bread

MONDAY

Lunch: Chicken Salad Lettuce Cups

Chicken salad, red onions, and tomatoes in a lettuce cup,
served with potato chips

Dinner: Coffee Cured Sirloin Steak (Happy National Coffee Day!)

Molasses and coffee cured sirloin steak,
served with mashed potatoes and tri-colored cauliflower

TUESDAY

Lunch: Pizza Quesadilla

Chopped pepperoni, salami, onions, bell peppers, and Italian seasoning
with shredded cheese in a tortilla, served with pizza sauce

Dinner: Herb Chicken Breast

Marinated herb chicken served with rice and chef's vegetables

WEDNESDAY

Lunch: Taco Bar

Chicken and beef served with a variety of toppings and crunchy and flour tortillas

Dinner: Pork Chop

Garlic herb pork chop, served with chef vegetables and Au gratin potatoes

THURSDAY

Lunch: Crispy Fish Sandwich

Breaded fish on a brioche bun with pickles, slaw, and tartar sauce,
served with fries

Dinner: Crispy Chicken Piccata

Crispy chicken breast with a white wine caper sauce,
served over angel hair pasta and a side of chef's vegetables

FRIDAY

Lunch: Southwest Salad

Sliced steak, black beans, tomato, Mexican corn, shredded pepperjack cheese, and
tortilla strips on top of romaine lettuce, served with cilantro dressing

Dinner: Tuna Poke Bowl

Marinated yellowfin tuna and salmon (request cured or cooked), sliced cucumber,
avocado, pickled vegetables, topped with crispy garlic, mild spicy mayo, and toasted
sesame seeds over sticky rice

SATURDAY

Lunch: Baked Potato Bar

Ground beef, barbecue pulled pork, broccoli, shredded cheese, bacon, sour cream,
green onions, russet potato or sweet potato

Dinner: Chicken & Stuffing

Roasted chicken thighs, classic stuffing,
and chef's vegetables