

SUNDAY

Lunch: Chicken Pesto Wrap

Grilled chicken tossed in pesto with lettuce, avocado, bacon, bleu cheese crumbles, and Caesar dressing served with sweet potato fries

Dinner: Irish Stew

Tri tip, carrots, onions, celery, and potatoes, in an Irish stout broth over mashed potatoes, served with artisan bread

MONDAY

Lunch: Smoked Burger

Tennessee smoked seasoned burger with bacon, smoked gouda, lettuce, tomato, sauteed mushrooms, onion ring, and steak sauce with French fries

Dinner: Chili Rellenos

Cheese stuffed poblano pepper with salsa Roja, served with refried beans and rice

TUESDAY

Lunch: Chicken Teriyaki Bowl

Teriyaki chicken and steamed broccoli over rice topped with green onions and sesame seeds

Dinner: Beef Stroganoff

Marinated beef strips in a mushroom and onion cream sauce, served over egg noodles and a side of garlic bread

WEDESDAY

Lunch: Empanadas

Beef empanadas served with Mexican street corn salad, salsa verde, and sour cream

Dinner: Sesame Pork Noodles

Ground ginger pork with udon noodles tossed in a peanut butter, brown sugar, and sesame sauce topped with green onions and cilantro

THURSDAY

Lunch: Frito Pie

Fritos topped with beef chili, shredded cheese,
and yellow onions

Dinner: Lemon Pepper Catfish

Breaded catfish tossed in a lemon pepper dry rub,
served with roasted herb potatoes and Chef's vegetables

FRIDAY

Lunch: Reuben Sandwich

Sliced corned beef with sauerkraut, Swiss cheese, and Russian
dressing on marble rye bread, served with potato chips

Dinner: Chicken Mole

Braised chicken in mole sauce,
served with Mexican rice with pickled onions

SATURDAY

Lunch: Chicken Burgers

Crispy chicken breast, lettuce, pickles, and mayo,
served with onion rings

Dinner: Grilled Pork Chops

Garlic butter baked pork chops,
served with mashed potatoes and butternut squash